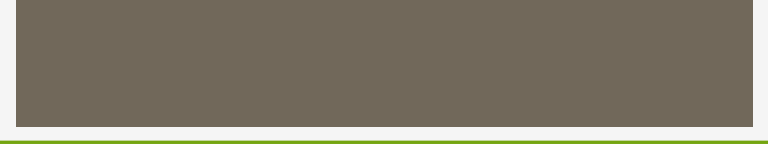




BE A ROLE
MODEL:
Helping Children
Thrive in a Diverse
World

Created by the PIC
Planning Team for School
PIC Reps to Share



“Children and teens who feel welcome and accepted are more confident in their own abilities, and achieve greater success. Everyone has a role to play, and everyone benefits from an environment that is safe, inclusive, and accepting.”

Tip #1 Be a role model for respect and inclusion

- show your child that you respect and value differences in people
- encourage involvement in clubs and community events that promote inclusiveness and celebrate diversity
- help your child learn how diversity enriches our lives through friendships, books, movies and travel
- use inclusive language that is free from bias
- help your child develop empathy for others



Tip #2 Address bias, stereotypes, and discriminatory behaviour

- make a point of helping your child access accurate information and build cultural sensitivity and awareness
- teach your child that stereotypes and jokes that make fun of other people are unacceptable
- do not remain silent when you hear discriminatory phrases or jokes, encourage your child to speak up when they hear offensive jokes
- explain to your child that it can be difficult to challenge stereotypes and bias, but it is an important action in changing attitudes towards others

“Did you hear the one about...”

Tip #3 Promote and maintain a sense of belonging

- include your child in family responsibilities
- provide your child with opportunities to be a leader in social justice
- teach your child that their voice matters



**“Inclusion is not bringing people into what already exists. It is making a new space, a better space, for everyone.”
George Dei**

Local Resources:

-Halton Multicultural Society
<http://www.haltonmc.com/>

-Reach Out Centre for Kids (ROCK)
<http://s359353364.onlinehome.us/rockonline/>

-Children's Aid Society Out and Proud Program
<http://www.torontocas.ca/app/Uploads/diversity/outandproudyouthresourcesont.pdf>

-Settlement. Org
http://www.settlement.org/sys/faqs_detail.asp?faq_id=4001339

-Learning Disabilities Association of Halton
<http://ldahalton.ca/>

-Halton District School Board Safe and Inclusive Schools Department
www.myhdsb.ca or by phone, 905-335-3663 ext. 3307

-Jer's Vision - Canada's Youth Diversity Initiative
<http://www.jersvision.org/en>

More Resources:

-National Crime Prevention Council - Bullying

<http://www.ncpc.org/topics/bullying/bullying-/what-parents-can-do>

-PFLAG Canada "When Sons and Daughters Come Out"

www.pflagcanada.ca/pdfs/glb-mychild.pdf

-Ontario Ministry of Education

Literacy and Numeracy Secretariat Forging Safer Learning Environments

http://www.edu.gov.on.ca/eng/literacynumeracy/inspire/research/WW_safe_learning_environments.pdf

-Ontario Ministry of Education

Realizing the Promise of Diversity

<http://www.edu.gov.on.ca/eng/policyfunding/equity.html>

-Marsha Forest, Inclusion Is the Future


<http://allfie.org.uk/pages/useful%20info/inclusion.html>

-Canadian Centre for Diversity

<http://centrefordiversity.ca>

-Families in TRANSition

<http://www.ctys.org/wp-content/uploads/2013/06/familiesintransition.pdf>



Your children
will become
who you are;
so be who you
want them to be.

-anonymous